

Helpful Resources in Your Community

San Diego County



REFERENCES & REFERRALS

- **211 San Diego County:**
211 // www.211sandiego.org
- **San Diego Public Safety:**
sdpublic.sdcounty.ca.gov/public-safety
- **San Diego Network of Care:**
sandiego.networkofcare.org



BASIC NEEDS

- **CalWORKS—San Diego:**
<http://www.sdcounty.ca.gov/hhsa>
- **California Department of Social Services**
651-8848 // www.cdss.ca.gov



SHELTER / HOUSING

- **City of San Diego Homeless Services:**
<http://www.sandiego.gov/>
- **San Diego County Housing & Community Dev.:**
<http://www.sdcounty.ca.gov/sdhcd/>
- **San Diego Housing Commission:**
619-231-9400 // www.sdhc.net
- **Affordable Internet Service:**
www.affordableconnectivity.gov/



DOMESTIC ISSUES

- **National Domestic Violence Hotline:**
800-799-SAFE // www.thehotline.org
- **ChildHelp—Child Abuse Hotline:**
800-4-A-CHILD // www.childhelp.org
- **San Diego Co. Domestic Violence Shelters:**
888-DV-LINKS // 888-385-46757



SUBSTANCE ABUSE

- **Alcoholics Anonymous —San Diego:**
619-265-8762 // aasandiego.org
- **Narcotics Anonymous —San Diego:**
800-407-7192 // sandiegona.org



CRISIS RESOURCES

- **911 Emergency FIRE/Police/Paramedics:**
911
- **Suicide Prevention Hotline:**
800-807-7250 // www.didihirsch.org
- **California Youth Crisis Line:**
800-843-5200 // www.calyouth.org/cycl/



FOOD

- **CalFresh Program:**
1-877-847-3663 // www.calfresh.dss.ca.gov
- **San Diego Food Bank:**
858-527-1419 // sandiegofoodbank.org



HEALTH CARE/MENTAL HEALTH

- **Medi-Cal:**
1-800-541-5555 // www.medi-cal.ca.gov
- **Community Health Group:**
619-422-0422 // chgsd.com
- **San Diego Department of Mental Health:**
sdcounty.ca.gov/hhsa/programs/bhs



EMPLOYMENT

- **CalJOBS:**
www.caljobs.ca.gov
- **California Employment Development Department:**
www.edd.ca.gov
- **San Diego Workforce:**
619-319-WORK // workforce.org
- **Career One Stop:**
servicelocator.org



FAMILY & CHILDREN

- **First 5 San Diego:**
1-888-5FIRST5 // first5sandiego.org
- **San Diego Department of Child Support Services:**
866-901-3212 // sdcounty.ca.gov/dcsc