

Helpful Resources in Your Community Sacramento County



REFERENCES & REFERRALS

- **211 Sacramento County:**
211 // www.211sacramento.org
- **Sacramento County Dep't of Human Assistance:**
916-874-3100 // ha.saccounty.gov/benefits/Pages/default.aspx
- **Sacramento County Network of Care:**
www.sacramento.networkofcare.org



BASIC NEEDS

- **CalWORKS—Sacramento:**
916-654-2137 // www.cdss.ca.gov/inforesources/calworks
- **California Department of Social Services:**
916-651-8848 // www.cdss.ca.gov



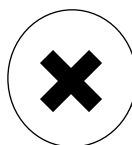
SHELTER / HOUSING

- **Sacramento Homeless Resource:**
www.211sacramento.org/211/online-database/categories/homeless/
- **Sacramento Housing Wait Lists:**
916-440-1390 // www.sacwaitlist.com
- **Sacramento County Housing Agency:**
916-440-1390 // shra.org
- **Affordable Internet Service**
www.affordableconnectivity.gov/



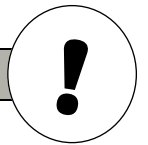
DOMESTIC ISSUES

- **National Domestic Violence Hotline:**
800-799-SAFE // www.thehotline.org
- **ChildHelp—Child Abuse Hotline:**
800-4-A-CHILD // www.childhelp.org
- **The Child Abuse Prevention Center:**
916-244-1900 // thecapcenter.org
- **Sacramento Co. list of Domestic Violence Shelters:**
womenshelters.org/cit/ca-sacramento



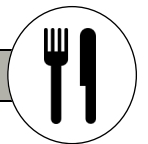
SUBSTANCE ABUSE

- **Alcoholics Anonymous —Sacramento County:**
916-454-1100 // aasacramento.org
- **Narcotics Anonymous —Sacramento County:**
877-623-6363 // sacfna.org



CRISIS RESOURCES

- **911 Emergency FIRE/Police/Paramedics:**
911
- **Suicide Prevention Hotline:**
800-807-7250 // www.didihirsch.org
- **California Youth Crisis Line:**
800-843-5200 // www.calyouth.org/cycl/



FOOD

- **CalFresh Program:**
1-877-847-3663 // www.calfresh.dss.ca.gov
- **Sacramento Food Bank:**
916-947-8252 // sacramentofoodbank.org



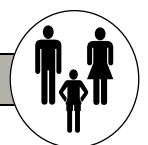
HEALTH CARE/MENTAL HEALTH

- **Medi-Cal:**
1-800-541-5555 // www.medi-cal.ca.gov
- **Sacramento County Health & Social Services:**
www.saccounty.gov/live-visit/Pages/HealthSocialServices.aspx
- **Sacramento Co. Behavioral Health Care Services:**
<https://dhs.saccounty.gov/BHS/Pages/Mental-Health-Services.aspx>



EMPLOYMENT

- **CalJOBS:**
www.caljobs.ca.gov
- **California Employment Development Department:**
www.edd.ca.gov
- **Sacramento Works:**
www.sacramentoworks.org
- **Career One Stop:**
servicelocator.org



FAMILY & CHILDREN

- **First 5 Sacramento Commission:**
916-876-5866 // first5sacramento.net
- **Sacramento County Child Support Services:**
866-901-3212 // www.dcss.saccounty.net