

Helpful Resources in Your Community Monterey County



REFERENCES & REFERRALS

- **211 Monterey County:**
211 // www.211montereycounty.org
- **Monterey County Dep't of Social Services:**
(831) 755-4448 // www.co.monterey.ca.us/government/departments-i-z/social-services
- **Monterey Co Network of Care:**
monterey.networkofcare.org



BASIC NEEDS

- **CalWORKS— Monterey:**
www.mc-choice.co.monterey.ca.us/programs/calworks/
- **California Department of Social Services:**
www.cdss.ca.gov



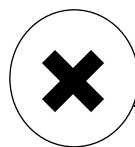
SHELTER / HOUSING

- **Coalition of Homeless Service Providers:**
831-883-3080 // www.chsp.org
- **Monterey County Homeless Resource Center:**
831-424-9186 // www.hrcmontereycounty.org
- **Monterey County Housing Authority:**
831-755-5000 // hamonterey.org
- **Affordable Internet Service:**
www.affordableconnectivity.gov



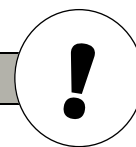
DOMESTIC ISSUES

- **National Domestic Violence Hotline:**
800-799-SAFE // www.thehotline.org
- **ChildHelp—Child Abuse Hotline:**
800-4-A-CHILD // www.childhelp.org
- **Domestic Violence Shelter Resource:**
www.211montereycounty.org/housing/shelters/domestic-violence-shelters/



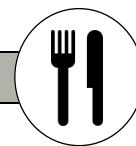
SUBSTANCE ABUSE

- **Alcoholics Anonymous —Monterey County:**
831-373-3713 // aamonterey.org
- **Narcotics Anonymous —Monterey County:**
831-624-2055 // monterey-sbna.org



CRISIS RESOURCES

- **911 Emergency FIRE/Police/Paramedics:**
911
- **Suicide Prevention Hotline:**
800-807-7250 // www.didihirsch.org
- **California Youth Crisis Line:**
800-843-5200 // www.calyouth.org/cycl/



FOOD

- **CalFresh Program:**
1-877-847-3663 // www.calfresh.dss.ca.gov
- **Food Bank for Monterey County:**
831-758-1523 // foodbankformontereycounty.org



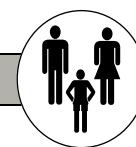
HEALTH CARE/MENTAL HEALTH

- **Medi-Cal:**
www.medi-cal.ca.gov
- **Central California Alliance for Health :**
800-700-3874 // www.ccah-alliance.org
- **Monterey Co. Behavioral Health Care Services:**
831-755-4500 // www.mtyhd.org



EMPLOYMENT

- **CalJOBS:**
www.caljobs.ca.gov
- **California Employment Development Dep't:**
www.edd.ca.gov
- **Monterey County Workforce:**
www.montereycountywdb.org
- **Career One Stop:**
servicelocator.org



FAMILY & CHILDREN

- **First 5 of Monterey County:**
831-444-8549 // first5monterey.org
- **Monterey County Child Support Services:**
866-901-3212 // mcdcss.org